

ATLANTES Research Programme:

*Human dignity,
advanced illness
and palliative care*



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Atlantes
Research
Program



Atlantes App

WE ARE...



- A stable research programme approaching palliative medicine from the social sciences and humanities perspectives, based on the **University of Navarra**, Spain.



WE ARE...



- Part of a broader Research Institute:



ics
Universidad
de Navarra
Institute for Culture and Society

WE ARE...



- Research centre for **humanities and social sciences**, characterised by **internationality**, **interdisciplinarity** and **rigour** in its methods and performance.
- In the search for answers to some of the principal **challenges of today's world**.
- Outstanding **Research Areas**
 - Poverty and development
 - Education on affectivity and sexuality in children
 - Palliative Care
 - Public Discourse
 - Religion and Civil Society
 - Culture and Emotions

THE ATLANTES TEAM



We are an **inter-disciplinary team** based in Pamplona, in an attempt to combine several knowledge disciplines so as to enrich research with the diverse social sciences approaches.

- Medicine
- Nursing
- Sociology
- Politics
- History
- Bioethics

Main investigators



Carlos Centeno



Researchers



María Arantzamendi



José Miguel Carrasco



Antonio Noguera

Visiting researchers and professors



David Clark



José Pereira



Carole Robinson



Nunziata Comoretto

Research support



Estefanía Berjón



Eduardo Garralda

INTERNAL COLLABORATORS



- Besides, we count on a wide **net of internal collaborators** including professionals of the following faculties and disciplines of the University of Navarra:

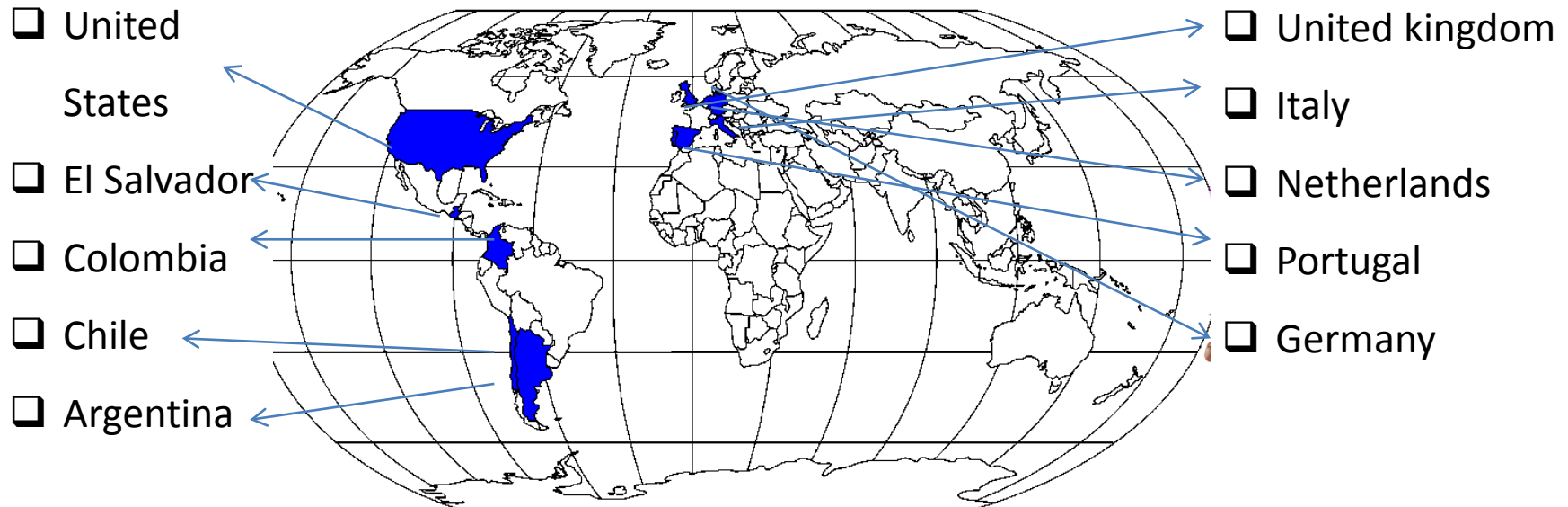
- Clinic University of Navarra
- Nursing and Medical faculties
- Communication
- Education and Psychology
- History
- Geography
- Economics



EXTERNAL COLLABORATORS



- and a net of external collaborators from different countries and disciplines that contribute to a more comprehensive and international



ATLANTES MISION



- to disseminate the essential and highly **human value of palliative** care in the society and in the professionals.
- to **improve the understanding towards patients with non-curable illnesses** both in the medical field and in the society, from a dignity-based perspective, and including accompaniment and respect for the natural course of the disease, and to its emotional and spiritual dimensions.

ATLANTES VISION



*We try to realise these work lines, teaching and social impact in the manner of an **academical institution**. All of it, in a consistent way with the institutional features and **christian identity** of the University of Navarra, and with a clear wish of **cooperating** with international institutions working with similar and different objectives.*

3 STRATEGIC RESEARCH LINES



1. The **intangible** aspects of palliative care
2. Global **PC development**
3. The **message** of palliative care

1. INTANGIBLES



SOME intangible aspects of palliative care:

- gratitude
- the relationship between patient and nurse
- the dignity therapy's effect
- the ethical dilemmas in clinical practice

HISTORICAL BACKGROUND of Palliative Care



2. GLOBAL PC DEVELOP



- The monitorisation of palliative care development across Europe is the main sub-project within this line.
- Collaboration in an European project on Integrated palliative care (InSup-C)
- Advise on other Atlas-similar studies for diverse regions (Arabian countries, Latinamerica, Africa, etcetera.)

3. MESSAGE



- We study the circulating message in media, work on the design of positive contents for a new message. Within this line, various studies on medical education are being carried out.



3. MESSAGE



A message also for professionals:

Studies on Medical
Education in PC

- EUROPEAN MEDICAL
EDUCATION RANKING
- IMPACTUS
- REFLEX
- MUSEUM



PUBLICATIONS



Some relevant articles

2016

- Comoretto N. **Encuentros de ética clínica en medicina paliativa.** Revista Persona y Bioética. Accepted March 2016
- Siouta N; Karen van Beek; Nancy Preston; et al. **Towards Integration of Palliative Care in Patients with Chronic Heart Failure and Chronic Obstructive Pulmonary Disease: A Systematic Literature Review.** BMC Palliative Care. Accepted with minor revisions
- Karen Van Beek; Naouma Siouta; Nancy Preston; et al. **To what degree is palliative care integrated in guidelines and pathways for adult cancer patients in Europe: A systematic literature review.** In review process in BMC Palliative Care.
- Carrasco JM, García M, Navas A, Olza I, Gómez B, Pujol F, Garralda E, Centeno C. **Coverage in written media on Palliative Care in Spain.** PlosOne [In review process]
- Balaguer A, Monforte-Royo C, Porta-Sales J, Alonso-Babarro A, Altisent R, Aradilla-Herrero A, et al. **An International Consensus Definition of the Wish to Hasten Death and Its Related Factors.** PLoS One 2016 Jan 4;11(1):e0146184.

PUBLICATIONS



2015

- Woitha K, Carrasco JM, Clark D, Lynch T, et al. **Policy on palliative care in the WHO European region: an overview of progress since the Council of Europe's (2003) recommendation 24.** Eur J Public Health. 2015 Nov; 6.
- Centeno C, Lynch T, Garralda E, Carrasco JM, Guillen-Grima F, Clark D. **Coverage and development of specialist palliative care services across the World Health Organization European Region (2005-2012): Results from a European Association for Palliative Care Task Force survey of 53 Countries.** Palliat Med. 2015; Jul 31.
- Pastrana T, Centeno C, De Lima L. **Palliative Care in Latin America from the Professional Perspective: A SWOT Analysis.** J Palliat Med. 2015; 18(5): 429-437. doi:10.1089/jpm.2014.0120.
- Carrasco JM, Lynch T, Garralda E, et al. **Palliative Care Medical Education in European Universities: A descriptive study and numerical scoring system proposal for assessing educational development.** J Pain Symptom Manage. 2015 Oct;50(4):516-23.e2. doi:10.1016/j.jpainsymman.2015.04.019
- Centeno C, Bolognesi D, Biasco G. **Comparative analysis of specialization in palliative medicine processes within the World Health Organization European region.** J Pain Symptom Manage 2015 May;49(5):861-870.

PUBLICATIONS



Books

- Bolognesi D., Centeno C. y Biasco G. **Specialisation in Palliative Medicine for Physicians in Europe 2014 - A supplement of the EAPC Atlas of Palliative Care in Europe**. Milan: EAPC Press, 2014.
- Centeno, C. et al. "**EAPC Atlas of Palliative Care in Europe 2013 - Full Edition**". Milán: EAPC, 2013.
- Centeno, C. et al. "**EAPC Atlas of Palliative Care in Europe 2013 - Cartographic Edition**". Milano: EAPC, 2013.
- Pastrana, T; Lima, L. de; Centeno, C; Wenk, R; Eisenclas, J; Monti, C; Rocafort, J. **Atlas de Cuidados Paliativos en Latinoamérica**. Houston: IAHPC Press, 2012.
- Pastrana, T; Lima, L.de; Pons, J.J.; Centeno, C. "**Atlas de Cuidados Paliativos en Latinoamérica. Edición Cartográfica 2013**". Pamplona: IAHPC Press, 2013.

Latest book chapter

- Centeno C, Carrasco JM, Woitha K, Garralda E. **Policies on palliative care for older people in Europe**. En: Van den Block L, Albers G, Pereira S, Pasma R, Onwuteaka-Philipsen B, Deliens L, editors. Palliative care for older people: a public health perspective. Oxford. UK: Oxford University Press; 2015.

ORGANISATION OF ACTIVITIES



Courses and seminars 2016

- Qualitative Course 2015-2016: An introduction to qualitative data analysis. Pamplona,
- Curso Avanzado de Formación de Profesores de Cuidados Paliativos Madrid
- CICELY SAUNDERS, THE PERSON, LIFE AND WORKS, An international Symposium



ACTIVITIES



Internal seminars

- *Palliative Care: the Passion and the Politics* by **Katherine Pettus**, International Association for Hospice and Palliative Care
- *Facing Death and Rediscovering Spirituality: Exploring Historical Traditions to Inform a Model of Spiritual Care for Palliative Care Practice in India*, by **Hamilton Indabas**, miembro del Glasgow End of Life Studies Group e investigador asociado del proyecto Global Interventions at End of Life



ACTIVITIES



ATLANTES Lectures

- *Compassion in Palliative Care. Bringing an abstract concept into professional daily practice and into academic publications*

Philip Larkin

President of the European Association for Palliative Care

SOCIAL IMPACT



- Atlantes attempts to involve society in generating knowledge and transferring the research results so as to **improve the lives** of individuals.

Our challenge !

SOCIAL IMPACT



- To transfer proposals to citizens
- To inspire them so that they can make better decisions in their lives and in the public sphere
 - **Communications** : news, articles, web, videos, social networks, presence in the media, etc.
 - **Conferences** for general public
 - **Didactic materials**
 - **Reports**
 - ...

A preliminary strategy



SOCIAL IMPACT



A couple of examples for videos:

- <https://www.youtube.com/watch?v=4LKNkHGOWOA>
- <https://www.youtube.com/watch?v=anEpoSXfb2w>



The poster features a black and white photograph of an elderly woman with white hair and glasses, smiling and resting her chin on her hand. To the right of the photo are logos for 'ics Universidad de Navarra Instituto Cultura y Sociedad', 'Hospital San Juan de Dios Pamplona-Iruña', and 'PALIAN Sociedad Navarra de Cuidados Paliativos'. Below the logos, the text reads: 'MINI Symposium internacional **Cicely Saunders: su vida, sus trabajos y su contribución a los Cuidados Paliativos** Viernes, 13 de Noviembre de 2015 Facultad de Medicina. Pamplona (Navarra)'. At the bottom, it says 'Salón de Actos Hexagono de 6:15 pm a 8:15 pm'.

THANK YOU FOR
YOUR ATTENTION!!

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Further information on the ATLANTES programme at:

<http://www.unav.edu/en/web/instituto-cultura-y-sociedad/proyecto-atlantes>



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Atlantes App